

## THE IMPACTS OF AUGGIE'S INFERIORITY COMPLEX TOWARD HIS SOCIAL LIFE AS DEPICTED IN R. J. PALACIO'S NOVEL *WONDER*

Irfanto Suari, Hilaria Dewi Hapsari

Sekolah Tinggi Bahasa Asing (STBA) LIA Yogyakarta

Email: irfantosuarii@gmail.com, hilariadewi@gmail.com

### Abstract

The title of this research is "The Impacts of Auggie's Inferiority Complex toward His Social Life as Depicted in R. J. Palacio's Novel *Wonder*". This research uses psychological approach by Rohrberger & Woods and the theory of Individual Psychology by Alfred Adler. The main objective of this research is to find out the impacts of inferiority complex on the main character, Auggie. To collect the data for this research, the researchers use library research to help the researchers find the data related to the main goal of the research. All the data is taken from the novel *Wonder* written by R. J. Palacio. The result of this research is that Auggie's inferiority complex gives some impacts such as he becomes an introvert, insecure, secretive, and antisocial individual.

Keywords: inferiority complex, social life, impacts of inferiority complex.

### INTRODUCTION

Every human being is full of problems. There are very various problems, such as miscommunication or failure that include internal and external factors to trigger the problems. The internal factors are all factors that come from within oneself, including physical and psychological factors, such as: frustration, inferior feeling, or physical disabilities. Meanwhile, the external factors are all factors from outside oneself, such as family environment, school, or community factors.

The researchers try to highlight one of the internal factors that could cause problem, which is inferior or inferiority feeling. Inferiority is a persistent feeling about self-deprivation or the emergence of a tendency to feel less about them or self-diminishment. Inferiority feeling can change a person's behavior or personality and it could trigger negative feelings such as insecurity, depression, and over thinking. Inferiority indicates a situation that a person feels not as good as other people or that he or she has no values. In other words, he or she feels inferior to other people.

In relation with human behaviors, every person has inferiority feelings. Children are afraid of adults since they feel small, incompetent, and helpless. This individual feeling is developed through some experiences. Someone who experiences suppression from others tends to develop the pattern of inferiority complex by creating abnormal behavior if the response to the suppression is negative.

Adler in *The Individual Psychology of Alfred Adler* states that humans are born in a weakness condition, whether physically or mentally (Adler, 1956, p. 70). This actively demonstrates that thing that

happens matters. People could easily hurt other feeling or make them hurt physically, but obviously, no one wants that.

Inferiority feeling could cause an inferiority complex. Nuna Alberts in her article “What is an Inferiority Complex? Symptoms, Causes, Diagnosis, and Treatment” states that The American Psychological Association (APA) defines an inferiority complex as “a basic feeling of inadequacy and insecurity, deriving from actual or imagined physical and psychological deficiency” (Alberts, 2020, p.1).

Based on the previous views on inferiority, the researchers try to analyze the impacts of inferiority complex on Auggie towards his social life in R. J. Palacio’s *Wonder*. Based on what Nuna Alberts defines in her article, inferiority is the result of psychological deficiency. From this explanation, it means that inferiority is not only as learned behavior, but also as a psychological disorder. Based on Adler’s explanation about the mechanism of inferiority complex, mechanism is a way of doing something that is planned or part of a system and the existence of inferiority complex is directly or indirectly demonstrated by its mechanism.

In order for everyone to avoid inferiority complex, they have to accept their condition but sometimes the society makes it hard for them. Everybody wants to be treated equally as other people, but sometimes, if someone seems different than other people, they will be treated differently also from others. It is also what happens to Auggie Pullman in R. J. Palacio’s *Wonder*. He has facial injuries condition that makes him “different” than the other kids. These facial injuries cause him a lot of reaction, especially a disgusting, terrifying, and sad reaction, mostly from his schoolmates. Auggie experiences many difficulties and problems in his social life after that accident, especially in school, because most of his friends are afraid of looking into his face.

In detail, *Wonder* is a children’s novel by Raquel Jaramillo, under the pen name of R. J. Palacio, published on February 14, 2012. The novel tells the readers about a story of August Pullman who has been homeschooled due to some complicated health issues related to a dramatic cranio-facial abnormality and the rigorous surgery schedule that comes with it. By the time August turns ten, his parents begin to think about the big or long-term picture. They realize that Auggie not only needs to learn more than his mom can teach him, but he also needs to learn to navigate a world that is not always kind to those who are different. So, when he is at fifth grade, his parents move him into a public school and everything changes his life. He experiences inferiority complex because of his facial condition. In this story, Auggie struggles to blend in with others because of his inferiority complex, he feels different and these people around him are not going to accept him as one of their friends. Inferiority complex of Auggie as the main character is because he has a facial condition. In this story, he feels outcast than other students because of his inferiority complex and it causes a lot of things.

Feelings of inferiority can take over someone's life and make it difficult to function or accomplish his or her goals. Inferiority complexes can hurt not only an individual, but those around the individual as well. Additionally, because the development of an inferiority complex can lead to mental health disorders such as anxiety and depression, it is important to educate other people about how dangerous inferiority complex is.

The explanation above is the main reason for the researchers to conduct this research. The main research question is: what are the impacts of inferiority complex on Auggie social life as depicted in R. J. Palacio's *Wonder*? It is becoming the central issue of this research to analyze the impacts of inferiority complex towards his social life in R. J. Palacio's *Wonder*.

The researchers find that there are several previous types of research about this book and this topic. The first research is a thesis written by Epiphana Ratri from University of Sanatha Dharma in 2012. The title of the thesis is *The Inferiority Complex of Hanna Schmitz as Portrayed in Bernhard Schlink's The Reader*. This research discusses about a main character's inferiority also. This research applies psychological approach. The second research is also a thesis written by Alifatul Sya'diyah from State Islamic University of Sunan Ampel Surabaya in 2019. The title is *August Pullman's Struggle as a New Student with Facial Disfigurement in R. J. Palacio's Wonder*. This thesis discusses about Auggie's struggles as a new student with facial condition part only. This research applies new criticism theory. The next research is a thesis also, written by Elfida Aulia from Diponegoro University in 2017. The title is *The Influence of Social Condition towards the Personality of the Main Character on R. J. Palacio's Wonder*. This thesis discusses about how social condition could affect character's personality.

The difference between those previous researches with this research is that this research focuses on Auggie Pullman as the character who experiences inferiority complex that affects his social life and in this research, the researchers apply psychological approach.

## **The Impacts of Inferiority Complex**

An inferiority complex is the result of unhealthy, damaging, and often false thought processes and beliefs. It is normally a subconscious experience. It prevents someone from functioning healthily within society, and as a result, can be a debilitating and emotionally painful condition. There are some effects of a person with an inferiority complex according to Alfred Adler (1956); such as introvert, insecure, secretive, and antisocial.

### ***Introvert***

An introvert is often thought of as a quiet, reserved, and thoughtful individual. They don't seek out special attention or social engagements, as these events can leave introverts feeling exhausted and drained. Markway in his article entitled "Quiet is Not a Four-Letter Word" states that "Introverts are marginalized because their characteristics are most visible to others contrary to cultural norms. Being quiet, cautious, and prudent is rarely seen as a positive. Indeed, the media often portray popular characters as friendly and reserved the character plays the victim" (Markway, 2011, p.1).

### ***Insecure***

According to Adler, feelings of insecurity are motive behind the behavior of the individual (50-53). Eric Patterson in his article entitled "Insecurity: Definition, Causes, & 7 Ways to Cope" states that "Insecurity pertains to an overall sense of unconfident about skills or abilities as a person" (Patterson, 2021, p.1).

### ***Secretive***

According to *Cambridge Dictionary*, secretive is a personality when people are hiding their feelings, thoughts, intentions, and actions from other people (p.1). Secretive behavior is a personality trait of an individual which comprises of hiding some information (that can be relevant or irrelevant) from others either consciously or unconsciously by the virtue of the individual traits that a person possesses. The hiding of the information can be act of introvert nature of a person or a kind of defense mechanism as suggested by Freud Theory.

### ***Antisocial***

Antisocial or Antisocial Personality Disorder (ASPD) is a personality disorder characterized by a long-term pattern of disregard for, or violation of, the rights of other. A weak or nonexistent conscience is often apparent, as well as a history of legal problems or impulsive and aggressive behavior.

*The Diagnostic and Statistical Manual of Mental Disorders* (American Psychiatric Association, 2013) described the essential feature of antisocial personality disorder is "a pervasive pattern of disregard for, and violation or the rights of others that begins in childhood or early adolescence and continues into adulthood" (p. 659).

## **METHOD**

### ***Research Approach***

To analyze *The Impacts of Auggie's Inferiority Complex toward His Social Life as Depicted in R. J. Palacio's Novel Wonder*, the researchers use psychological approach from Rohrberger & Woods (1971) because there is a very strong correlation between literature and psychology for the fact that both of them deal with human beings and their reactions and the perceptions of the world. This theoretical approach states that the knowledge of psychology ground is extremely important in order to understand some literary works (p.12). This approach also applies psychological theories to explain the character's personality in the story. Each character's attitude and behavior could be referred to the psychology of human being (p.13).

### **Data Collection**

To collect the data for this research, the researchers use library research. The library research helps the researchers to find the data related to the main goal of the research. All the data is taken from *Wonder* novel written by R. J. Palacio. The novel was published in 2012. The novel consists of 315 pages. The data in the novel can be in the form of words, phrases, or sentences. However, the researchers only focus on data that specify the impacts of Auggie's inferiority complex towards his social life.

The researchers also use secondary data from other sources, such as books, articles, and journals to help the researchers finish the research. The supporting data that collected by the researchers then help the researchers find out more about the impacts of inferiority complex.

### **Data Analysis**

After collecting the data, the researchers try to focus on organizing the data. After that, the researchers analyze the primary data, all those selected data which describe the impacts of inferiority complex on Auggie's social life based on the data. After the data is already analyzed, the researchers conclude the research.

## **DISCUSSION**

### **The Impacts of Auggie's Inferiority Complex**

There are impacts of inferiority complex that is experienced by Auggie in the novel. According to Adler's theory, there are four effects that caused by a person with inferiority such as introvert, insecure, secretive, and antisocial. As a character, Auggie experiences these four impacts toward him in his social life.

### **Introvert**

The 20th-century Swiss psychiatrist, Carl Jung invented a theory called introvert and extravert. According an article by Britannica.com entitled "Introvert and Extravert", Carl Jung explains that "an introvert is a person

whose interest is generally directed inward toward his own feelings and thoughts, in contrast to an extravert, whose attention is directed toward other people and the outside world. The typical introvert is shy, contemplative, and reserved and tends to have difficulty adjusting to social situations. Excessive daydreaming and introspection, careful balancing of considerations before reaching decisions, and withdrawal under stress are also typical of the introverted personality” (p.1).

As what Carl Jung said in his theory, Auggie has some of the traits that people with introvert personality have like shy, contemplative, reserved and tends to have difficulty adjusting to social situations, and withdrawal under stress. When he meets Mr. Tushman for the first time, he shows a trait of shy. “Hi,” I mumbled, dropping my hand into his hand while I looked down at his feet (p.15). Also, when his teacher asks him to introduce himself, he forces himself to speak louder, as it is stated in the novel “My name is August,” I said louder, forcing myself to look up” (p.44). He shows his contemplative behavior, for example when he is in his first day at school. “Like a lamb to a slaughter”. I googled it last night. That’s what I was thinking when Ms. Petosa called my name and suddenly it was my turn to talk (p.44). He contemplates what his father said about him the night before he goes to this school because it bothers him. He also shows a behavior of reserved and tends to have difficulty adjusting to social situations when it’s time for a lunch time, he does not know anyone except for Jack, who he thinks is close to him. He could not find Jack so he avoids everyone by sitting to an empty table. “So I moved to an empty table and just waited for everyone to finish stampeding and the lunchroom teacher to tell us what to do next. I looked around to see where Jack was sitting, but I didn’t see him on my side of the room” (p.51). Last, he also shows a behavior of withdrawal under stress when he is at grand tour. “August, I thought it would be a good idea for you to meet some students who’ll be in your homeroom this year.” Said Mr. Tushman. “I don’t want to meet anyone,” I said to Mom (p.21). Even though those kids finally meet Auggie to give him his grand tour, but at the end, Auggie feels stress and asks his mother to leave (as an action to withdrawal under stress).

R. J. Palacio as a writer, indirectly inform us that Auggie is an introvert kid. As an introvert kid, he is having a hard time to express his feeling to anyone; as it is seen in the novel, when his future school’s headmaster invites him and his mother to take a look at his new school. This event can be seen from the novel, “Don’t we have to pick Via soon?” I said to Mom. The part that was a lie was that we were picking her up at school, which we weren’t. She was coming home with Dad later. “Oh, you’re right,” said Mom, getting up (p.32). From this quotation, it can be seen that Auggie is having a hard time to say that he does not enjoy the tour. All he wants to do is for them to go immediately but he does not know how to say it properly, even to his own mother. His mother knows for sure that something is up to her son, but he does not tell her.

Sometimes an introvert does not really want to open up to others or even have a casual conversation. Just like what is written in the novel, Auggie does not want to talk about a lot of things with her mother. This

event can be seen from the novel, "Who was that Auggie?"; "Summer."; "Is she in your class?"; "I have lots of classes." Mom waited for me to say something else, but I just didn't feel like talking (p.57). Auggie does not want to talk about this thing because he feels like he does not need to open up to others about his feeling towards Summer as his schoolmate. If he thinks that it does not need to be discussed, he is not going to tell or explain anything to everyone.

An introvert thinks only about their own thoughts and personal life. In this case, Auggie does not enjoy spending time with other people as himself, but he likes to pretend that he is somebody else. "For me, Halloween is the best holiday in the world. It even beats Christmas. I get to dress up in a costume. I get to wear mask. I get to go around like every other kid with a mask and nobody thinks I look weird. Nobody takes a second look. Nobody notices me, nobody knows me" (p.75).

From the quotation above, it shows that he does not need someone paying attention to him. He likes to be someone else, because he thinks that people will happily hang out with him than with who he truly is. That is why he likes Halloween because he could dress up and cover his whole entire body, especially his face and becomes other person.

### ***Insecure***

Dan Brennan in his article "Sign of Insecurity" states that "Insecurity is a feeling of inadequacy (not being good enough) and uncertainty. It produces anxiety about your goals, relationships, and ability to handle certain situations" (p.1). An insecure person will feel unconfident about themselves and their abilities, it might be caused by the environment which does not give the feeling of safety. It is seen in the novel that Auggie feels uncomfortable with his face. As it is stated in the novel:

"In general, I try to avoid blocks where there are lots of kids roaming around" (p.36). "...which is why it was so strange to be walking down this blocks feeling like it was all new to me suddenly" (p.37). "I have to admit: so far, nothing bad happened. I didn't catch anyone staring or even noticing me. Only once did I look up to see some girls looking my way and whispering with their hands cupped over their mouths, but they looked away when they saw me notice them" (p.37).

Those quotations depict Auggie's insecurities. He does not want to walk to other neighborhood other than those he usually passes by because he does not want people to notice his face and start staring at him.

Compared to normal kids' faces, Auggie's face looks different. As Via explains: "His (Auggie's) eyes are about an inch below where they should be on his face, almost halfway down his cheeks. They slant downward at an extreme angle, almost like diagonal slits that someone cut into his face, and the left one is noticeably lower than the right one. They bulge outward because his eye cavities are too shallow to accommodate them" (p.67).

Via explains that this is why Auggie is not comfortable with his own face, because he is different than any other ten-year-old kids. Her description of Auggie's face could make people feel bad about what happens to him.

Auggie is really frustrated about his face. He even cries and questions her mother about why he has to be this ugly. "Why do I have to be so ugly, Mommy?" I whispered. "No baby, you're not..."; "I know I am." (p.62). Based on this quotation, the researchers can say that Auggie is really frustrated with the way he looks. This conversation happens when he gets tired by the way his schoolmates staring at him, make him feel like he is not normal and he should not be around the other normal kids.

An insecure person also does not feel comfortable with one or more of their body parts which they assume as their deficiency. Palacio also says indirectly that Auggie is not comfortable hanging out with people so that others could not touch the fragile parts of himself; this indicates the insecurity indeed. "I wish every day could be Halloween. We could all wear masks all the time. Then we could walk around and get to know each other before we get to see what we looked like under the masks" (p.75).

This quotation shows that Auggie is having a hard time to accept himself just the way he is. He rather goes out and makes friend using his costume because he does not want people to know his condition. He knows that people will be mocking at him when he does not wear his costume and cover his face.

Not only he is unconfident about his face, Auggie also feels unconfident about his ability. He is known as one of the smartest student in science class. As it is seen in the novel by Jack Will's perspective, "When me and August were still friends, I was doing okay in science because August sat next to me and always let me copy his notes" (p.156). He is really enthusiastic when they get science project together. "It was already the middle of January, and we still hadn't even chosen what science-fair project we were going to work on. Finally, August was like, "Dude, we have to do this." So went to his house after school" (p.184). However, he is having a hard time helping others due to rumors about "cheese touch" if other people touch him.

"Now, there are eight kids in the elective, and seven of them were squished together on one side of the plate while one of them –me –had loads of room on the other side. So of course I noticed this, but I was hoping Ms. Rubin wouldn't notice this, because I didn't want her to say something" (p.73).

"....and then my hand accidently bumped his hand for a fraction of a second. Tristan jerked his hand away so fast he dropped his foil on the floor while also knocking everyone else's foil of the heating plate. That's when I knew for sure that there was this thing about touching me at Beecher Prep" (p.74).

## **Secretive**

Simmel in *Sociology: Inquiries into the Construction of Social Forms* (1908) describes secrecy or secretive as the ability or habit of keeping secrets. He defines the secret as the ultimate sociological form for the regulation of the flow and distribution of information. Simmel puts it best by saying "if human interaction is conditioned by the capacity to speak, it is shaped by the capacity to be silent" (p.340). Someone who is secretive likes to keep their thoughts hidden from others. As it is seen in the novel, Auggie does not let others know him deeper as it has been discussed earlier in his introvert character. This event can be seen from the novel:

"Were those kids not nice to you, Auggie?"; "Oh no," I said, only half lying. "They were okay." (34)

"That's so great, sweetie. What about that boy Julian?" I thought about that Darth Sidious comment.

By now, it felt like that had happened a hundred years ago. "He was okay," I said. (p.57)

By checking through Auggie's behavior in these conversations, it can be discovered that Auggie is secretive. He keeps hiding all of his thoughts to his mother about how he truly feels. He definitely does not feel okay at those days, but he keeps saying that he is okay.

On other situation, Auggie keeps pretending that nothing happens to him. He says that he is okay, but in the reality, everything is so hard for him. He keeps all of that thoughts inside because he is not ready to show it to his family. In the novel, Auggie states:

"That night I cut off the little braid on the back of my head"; "That took you years to grow!" Via said, almost like she was angry. "Why did you cut it off?"; "I don't know," I answered. "Did someone make fun of it?"; "No." (p.59).

And another example, "It was really an okay day?"; "Yeah, it was totally okay," I said nodding.

"You've been so quite all night long."; "I guess I'm tired" (p.59).

From these quotations, it is shown that Auggie is totally a secretive person. He keeps lying about how he truly feels. He hides what he feels about things and not sharing anything, even to his parents. It takes a long time for his parents to know the truth in Auggie. He has always been insecure and not genuine. He keeps his secret and his reasons of everything. Another example, when Auggie finds out that Jack Will is talking bad about him behind his back, he feels sick to his stomach and his mom has to come pick him up. "I didn't tell her anything about what had happened, and later when she asked me if I felt well enough to go trick-or-treating after school, I said no" (p.82). Auggie decides to keep his thought to himself rather than telling his mother the true story.

This incident is known by Via, Auggie's sister. She notices that his brother is not telling their mother something. She knows that his stomachache just an excuse because of something that happens to him as it is seen in the novel,

"How's your stomach?" I said, sitting next to him on the bed. "I'm still nauseous."; "You sure you're not up for the Halloween Parade?"; "Positive." This surprised me. Usually August was such a trouper about

his medical issues, whether it was skateboarding a few days after a surgery or sipping food through a straw when his mouth was practically bolted shut (p.113).

He keeps lying to his sister about what really happens to him. Even when his sister asks him what happens, he does not tell her until she keeps asking him. He is not directly tells her the truth, he just hints something happens to his sister. “Did someone say something?” I asked. “People always say something,” he answered bitterly. I could tell he was close to crying.

### **Antisocial**

According to Farrington in *Childhood Origins of Antisocial Behavior*, antisocial is characterized by a style of interpersonal relations seeking group value and socially insensitive (2005, p.19). It means that people with an antisocial behavior is unwilling or unable to associate in a normal or friendly way with other people. An antisocial person is unwilling to meet people and talk to them, this behavior shows a lack of concern for other people. Still by the mannerism as the way to indicate a character of a person in a novel, Auggie in *Wonder* is seen as an antisocial person. “Is that okay, August?” Mom repeated. I looked at her now. I wanted her to see how mad I was at her. But then I saw her face and just nodded (p.23). This situation happens when his mother asks him to take a school tour. Deep inside, he does not want to. He does not know how to socialize with those kids because he has been homeschooled by his mother this whole time. He has no choice but to follow those kids. “I checked my schedule and it said my next class was English, room 321. I didn’t stop to see if anyone else from my homeroom was going my way: I just zoomed out of the class and down the hall and sat down as far from the front as possible” (p.46).

From this quotation, the researchers could say that Auggie does not really want to walk with his classmates to the next class. He does not even bother to check if anyone else from his homeroom is going his way. He just goes straight to his next class and sits down far from the front of classroom.

As an antisocial person, Auggie finds it hard for him to communicate with bunch of people. As it is seen in the novel, when his new schoolmates ask him a question about thing in school. “You know what an eraser is, right?” Charlotte asked me. I admit I was feeling so nervous that I didn’t know what to say or do except look at the floor (p.25). He does not know how to answer that question properly because he never meets strangers and communicate with them before. So, he just keeps silent before anyone unintentionally forces him to talk.

As it is stated previously, people with an antisocial personality will have a pattern of disregard. This includes his or her surrounding environment, where that person with an antisocial personality will ignore the surroundings.

“Then yesterday in my science elective, we were doing this cool mystery-powder investigation where we had to classify a substance as an acid or base... Now, there are eight kids in the elective, and seven of them were squished together on one side of the plate while one of them –me –had loads of room on the other side. So of course I noticed this, but I was hoping Ms. Rubin wouldn't notice this, because I didn't want her to say something” (p.73).

In this case, Auggie and his classmates are in science class. They need to do a project which requires them to split into two sides. Auggie notices that nobody is willing to be on the side with him, but he is fine with that and decides not to tell his teacher.

## CONCLUSION

In the analysis of “The Impacts of Auggie's Inferiority Complex toward His Social Life as Depicted in R. J. Palacio's Novel *Wonder*” carried out by the researchers, by using the theory of individual psychology and the approach of psychological in literature, it comes to the conclusion that Auggie's physical deficiency makes Auggie develop the condition that forces him to withdraw himself from the society and the social life limitation. Auggie is introvert in the way he is having a hard time to express his feeling to anyone. The insecurity had by Auggie is shown when he feels unconfident about himself. It is seen in the novel that Auggie feels uncomfortable with his face. It is caused by the environment which does not give him the feeling of safety. Next, Auggie is described as a secretive person; here, it is shown by the way he keeps hiding all of his thoughts to his mother about how he truly feels. He keeps all of those thoughts inside because he is not ready to show it to his family. Then the last impact is that he is become antisocial. Auggie withdraws himself from public. He finds it hard for him to communicate with bunch of people.

The findings of this research hopefully can give the readers new understanding or insight that inferiority complex is dangerous as it can lead people to have mental health disorders such as anxiety and depression. As a result, they can give more attention to other people around them who have tendency to suffer inferiority complex.

## REFERENCES

- Adler, A. (1956). *The Individual Psychology of Alfred Adler*. London: Bradford and Dickens London W. C. I.
- Alberts, Nuna. (2020). What is an Inferiority Complex? Symptoms, Causes, Diagnosis, and Treatment. *Everyday Health*. Retrieved 23 March 2021 from <https://www.everydayhealth.com/emotional-health/understanding-inferiority-complex/>.
- American Psychiatric Association. (2013). *Diagnostic and Statistical Manual of Mental Disorders (5<sup>th</sup>ed.)*. Washington, D.C.: American Psychiatric Publishing.
- Brennan, Dan. (2020). Signs of Insecurity. Retrieved 25 June 2021 from

<https://www.webmd.com/mental-health/signs-insecurity>.

Encyclopaedia Britannica. (2021). *Introvert and Extravert*. Retrieved 20 January 2021 from <https://www.britannica.com/science/introvert>.

Farrington, David P. (2005). Childhood Origins of Antisocial Behavior. *Clinical Psychology & Psychotherapy*. Retrieved 20 June 2021 from <https://onlinelibrary.wiley.com/doi/abs/10.1002/cpp.448>.

Markway, B. (2011) Quiet is Not a Four-Letter Word. *Psychology Today*. Retrieved 25 May 2021 from <http://www.psychologytoday.com/blog/shyness-isnice/201108/quiet-is-not-four-letterword><http://www.psychologytoday.com/blog/shyness-isnice/201108/quiet-is-not-four-letter-word>.

Palacio, R. J. (2012). *Wonder*. New York: Knopf Books for Young Readers.

Patterson, Eric. (2021). Insecurity: Definition, Causes, & 7 Ways to Cope. *Choosing Therapy*. Retrieved 20 June 2021 from <https://www.choosingtherapy.com/insecurity/>

Rahmayanti, Elfida Aulia. (2017). The Influence of Social Condition towards the Personality of the Main Character on R. J. Palacio's *Wonder*. Retrieved 21 May 2021 from [http://eprints.undip.ac.id/56654/1/PROJECT\\_ELFIDA\\_AULIA\\_RAHMAYANTI.pdf](http://eprints.undip.ac.id/56654/1/PROJECT_ELFIDA_AULIA_RAHMAYANTI.pdf).

Ratri, Epiphana. (2012). The Inferiority Complex of Hanna Schmitz as Portrayed in Bernhard Schlink's *The Reader*. Retrieved 21 May 2021 from [https://repository.usd.ac.id/10064/1/071214122\\_Full.pdf](https://repository.usd.ac.id/10064/1/071214122_Full.pdf)

Rohrberger Mary & Woods, Samuel. H. Jr. (1971). *Reading and Writing about Literature*. New York: Random House.

Simmel, Georg. (1908). *Sociology: Inquiries into the Construction of Social Forms, Volume 1*. Leiden: Brill.

Sya'diyah, Alifatul. (2019). The August Pullman's Struggle as a New Student with Facial Disfigurement in R. J. Palacio's *Wonder*. Retrieved 21 May 2021 from <http://digilib.uinsby.ac.id/34188/>.

The Cambridge Dictionary. (2021). Retrieved from the Cambridge University website <https://dictionary.cambridge.org/>

Wellek, Rene. & Warren, Austin. (1977). *Theory of Literature*. United States of America: Harcourt, Brace and Company, Inc.

Wolfers, Arnold. (1952). National Security' as an Ambiguous Symbol. *Political Science Quarterly*, vol. 67, no. 4, pp. 481–502. Retrieved 25 June 2021 from [www.jstor.org/stable/2145138](http://www.jstor.org/stable/2145138).